



SRG COVID-19 CLUB RULES

Shire Rhythmic Gymnastics is a registered COVIDSafe business with the NSW Government. To ensure we're providing a safe environment for all of our members we are following the COVIDSafe business rules as well as the Gymnastics NSW Return to Sport Plan.

ALL STAFF MUST:

1. Wear a mask until further notice.
2. Wash hands before class, after each apparatus and prior to leaving the facility;
3. Use sanitiser provided by the centre regularly;
4. Bring a labelled water bottle. No eating permitted on site;
5. Maintain physical distancing of 1.5m at all times;
6. Practice proper hygiene at all times provide constant reinforcement of hygiene to members. See posters for more detail;
7. Not share personal equipment;
8. Not attend work if they or a family member is unwell. You are expected to notify us and may be required to provide a negative COVID-19 result prior to returning to work;
9. Prepare lessons in accordance with the SRG COVIDSafe Business Plan and Gymnastics Return to Sport Plan;
10. Clean the facility and equipment before, during and after each session as per the SRG COVIDSafe Plan;
11. Download the COVIDSafe app (recommended).
12. Download the Service NSW app and check in and out each time you are on site (required).

ALL PARENTS/GUARDIANS MUST:

1. Assist us with adhering to the current guidelines. We are currently still being recommended that parents remain off site however should you prefer to be on site, please note you are required to check in via the QR code at entry, sanitise, remain 1.5m from others and wear a mask until further notice;
2. Abide by the "drop off, train, go home" protocol. Please only arrive 5 minutes prior to your class and ensure gymnasts are picked up promptly. A staff member will greet you at the entry for check in and similarly, a staff member will greet you at the entry for check out;
3. Educate and inform your child of proper hygiene whilst at gymnastics (see below)
4. Not send your child to class if they or a family member are unwell. You are expected to notify us and may be required to provide a negative COVID-19 result prior to returning to class;
5. Collect your child immediately should they become unwell in class;
6. Download the COVIDSafe app (recommended).
7. Download the Service NSW app and check in and out each time you are on site.

ALL GYMNASTS MUST:

1. Wash hands before class, after each apparatus and prior to leaving the facility;
2. Use sanitiser provided by the centre regularly;
3. Bring a labelled water bottle. No eating permitted on site;
4. Maintain physical distancing of 1.5m at all times;
5. Practice proper hygiene at all times. See posters for more detail;
6. Not share personal equipment;
7. Not attend class if they or a family member is unwell. You are expected to notify us and may be required to provide a negative COVID-19 result prior to returning to class;
8. Download the COVIDSafe app (recommended for gymnasts with a phone).

