



SRG COVID-19 CLUB RULES

Shire Rhythmic Gymnastics is a registered COVIDSafe business with the NSW Government. To ensure we're providing a safe environment for all of our members we are following the COVIDSafe business rules as well as the Gymnastics NSW Return to Sport Plan.

ALL STAFF MUST:

1. Wash hands before class, after each apparatus and prior to leaving the facility;
2. Use sanitiser provided by the centre regularly;
3. Bring a labelled water bottle. No eating permitted on site;
4. Maintain physical distancing of 1.5m at all times;
5. Practice proper hygiene at all times provide constant reinforcement of hygiene to members. See posters for more detail;
6. Not share equipment;
7. Not attend work if they or a family member is unwell. You are expected to notify us and may be required to provide a negative COVID-19 result prior to returning to work;
8. Prepare lessons in accordance with the SRG COVIDSafe Business Plan and Gymnastics Return to Sport Plan;
9. Clean the facility and equipment before, during and after each session as per the SRG COVIDSafe Plan;
10. Download the COVIDSafe app (recommended).

ALL PARENTS/GUARDIANS MUST:

1. Remain out of the facility until further notice. If able, please remain in your car. Only staff and gymnasts permitted inside at this time;
2. Abide by the "drop off, train, go home" protocol. Please only arrive 5 minutes prior to your class and ensure gymnasts are picked up promptly. A staff member will greet you at the entry for check in and similarly, a staff member will greet you at the entry for check out;
3. Educate and inform your child of proper hygiene whilst at gymnastics (see below)
4. Not send your child to class if they or a family member are unwell. You are expected to notify us and may be required to provide a negative COVID-19 result prior to returning to class;
5. Collect your child immediately should they become unwell in class;
6. Download the COVIDSafe app (recommended).

ALL GYMNASTS MUST:

1. Wash hands before class, after each apparatus and prior to leaving the facility;
2. Bring a fresh pair of socks to wear whilst training. No toe shoes;
3. Use sanitiser provided by the centre regularly;
4. Bring a labelled water bottle. No eating permitted on site;
5. Maintain physical distancing of 1.5m at all times;
6. Practice proper hygiene at all times. See posters for more detail;
7. Not share equipment;
8. Not attend class if they or a family member is unwell. You are expected to notify us and may be required to provide a negative COVID-19 result prior to returning to class;
9. Download the COVIDSafe app (recommended for gymnasts with a phone).